

COALDALE TOURNEY (SETTLER DAYS)

JULY 10-12, 2009

QUICK RULES: (ALL OTHER SOFA RULES WILL ALSO APPLY)

- Games will be 30 minute halves with a 4 minute half time.
- Games will be 9 on 9 (8 players and a goalie)
- 2 males or females must be on the field at all times.
- All ties will remain ties for round robin play (Friday and Saturday)
- Sunday games if tied will play two overtime 5 minute halves (not golden goal). If still tied after that it will go to a 5 person shootout.
- In the result of a shootout one shooter must be female or male.
- To determine position after round robin play the following will be use:
 - 2 points for a win
 - 1 point for a tie
 - 0 points for a loss
 - Total goals for and against
 - If still tied for position then whoever has scored more goals in round robin will take the top spot.
- Teams will not be allowed more than 18 players per team.
- All red card offences will be looked at individually and the player will be informed as to whether or not they will be suspended for the following game as well or if they will be suspended for the remainder of the tournament.
- Yellow cards will stay with the player for the remainder of the game as well as their next game. (Carried over for one game)
- No slide tackles.
- There will be no offside.
- Shin guards must be worn.
- No metal spiked cleats.
- No swearing, this is a family atmosphere. Swearing will result in a yellow card.
- Team sheets will need to be filled out at the start of the tournament to keep track of misconducts.