

## HOW TO REGISTER

1. Complete the registration form & mail to SJHA. Or go to [www.sjha.com](http://www.sjha.com) for further registration information and forms.
2. Pick Up Your Equipment at OVA.
3. Sign Waiver
4. You will be e-mailed a confirmation
5. Go Skating!
6. See You on Mondays

## CONVENIENCE! OUR ARENAS

The Summer Learn to Play is at Lynnwood Ice Arena

Our arenas are conveniently located for families throughout the Puget Sound Region.

Both are located just minutes off of I-5 just north of the King and Snohomish County border.

- Olympicview Arena - Mountlake Terrace
- **Lynnwood Ice Arena - Lynnwood**

## SUMMER LEARN TO PLAY OVERVIEW

- Mondays 6:25 - 7:25pm
- **Session 1** April 13th – May 11th
- **Session 2** June 1<sup>st</sup> - June 29<sup>th</sup>
- **Session 3** July 27th – August 24th
- Full equipment Required
- Equipment rental available
- Location: Lynnwood Ice Arena of 196<sup>th</sup> St SW in Lynnwood, WA
- **Maximum 36 Students /per Session**



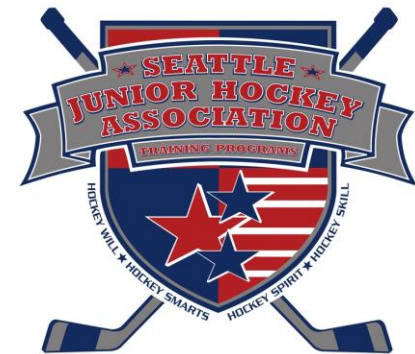
Seattle Junior Hockey Association  
7012-220<sup>th</sup> St. S.W.  
Mountlake Terrace, WA 98043

**Session 1: April 13 - May 11**  
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*Spring & Summer*  
*'09*

***Learn to Play***  
***Hockey***



[www.sjha.com](http://www.sjha.com) / 425-672-7744

# ABOUT SJHA

## INSTRUCTION & COACHING

Our coaching program has attracted a team of coaches with exceptional depth from the world of Junior, College and Pro hockey.

The **Director of the Rink Rats Summer LTP** is Coach Jerry Weir. Jerry is a hockey professional teaching camps, clinics, individuals and competitive teams.

At SJHA we require all of our coaches to be USA Hockey Certified at a minimum of one level higher than the National Standard set by USA Hockey and participate in ongoing coaching education classes, directed by SJHA.

As well SJHA Directors Rick Ellison, Gord Whitaker, Derek Donald and Scott Farrell are former Collegiate, Junior A and Professional coaches with Master Level accreditation. Rick and Gord are USA Hockey Coaching Education Program Instructors.

## CURRICULUM FOR L.T.P

- Skating (Balance, Agility, Edges, Stride, Starting and Stopping)
- Puck Skills: Passing, Puck-handling, Shooting
- 1<sup>st</sup> in line for 2009-10 Rink Rats Registration next season
- INTANGIBLES: FUN, HARD WORK, FITNESS

## 9 & 10 Year olds: DOB 1999 and 2000

Players who attend these classes and advance at a appropriate rate may be able to advance after an evaluation into Squirt Hockey next season

## EQUIPMENT

Once you have registered for a Rink Rats Beginner program you can **rent equipment immediately**.

We can outfit your young hockey player head to toe in top quality hockey equipment. Or if you require only an item or two you can rent the pieces you need.

Our equipment rental program allows for kids to "check out" the game before their parents invest in their own set of equipment.

Equipment room located is at Olympicview Arena ice level at the North end of the ice sheet.

**Equipment room schedule go to [www.sjha.com](http://www.sjha.com)**

- **Cost for full rental is only \$90 per -year**
- **Cost for full Rental for L.T. P \$25/ session**
- If player signs up for Winter Season \$25 is deducted from annual cost

## WINTER PROGRAM FEES

The **Quality and Value** of SJHA is unsurpassed in the region.

Our Beginner Rink Rats hockey program fee is only **\$250 per season** (October - March)

- 20 Practices
- 7 Games

## A HEAD START

Throughout the spring and summer our Lynnwood Ice Arena offers **Learn to Skate** and **Learn to Play Hockey** programs to help each young player get more confidence on the ice.

As well there are **Public Skating** and **Stick & Puck** time scheduled each week.

Go to [www.lynnwoodicecenter.com](http://www.lynnwoodicecenter.com) for more details.

Or for **Private Skating Lessons** go to [www.sjha.com](http://www.sjha.com) for a list of our pros.

## REGISTRATION LTP 2009

*4 TO 10 YEARS OF AGE*

Name \_\_\_\_\_

Parents Names: \_\_\_\_\_

Age: \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_

Phone 1 \_\_\_\_\_

Phone 2 \_\_\_\_\_

E-Mail \_\_\_\_\_

July 27<sup>th</sup> – August 24<sup>th</sup>

Fees & Materials Enclosed

Deposit \$55 (total \$99.00)

**Balance due 1<sup>st</sup> day of Session**

Equipment (optional) \$25.00

Visa / MC \_\_\_\_\_ exp \_\_\_\_\_

Signature \_\_\_\_\_

Name on Card \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

**Payable to SJHA**

**Once completed please mail to:  
SJHA Rink Rats Learn to Play  
Program '09**

7012 - 220<sup>th</sup> St., SW,  
Mountlake Terrace, WA 98043

How did you first learn about SJHA?

- Newspaper
- Friend
- Promotion: \_\_\_\_\_
- Arena or Coach: \_\_\_\_\_
- Other: \_\_\_\_\_