



2009 SYHA Spring Hockey Information and Registration

Due Date: League Play and Clinic Registration due 3/01/2009

Included in this packet are registration forms for both league play and skills clinics. Your player can enroll in league play or skills clinics (or both!) appropriate for his/her age and level of ability.

General Information about Spring Hockey and how it may be different from the regular season:

- 1) Practices and clinics will begin on or around March 2nd and will last approximately eight weeks. League games may continue until the end of April.
- 2) The tryouts for league play will comprise two sessions and will tentatively begin on Wednesday, March, 4th. The complete tryout schedule will be available at www.shakerhockey.com in the near future.
- 3) Teams generally will average one practice and one game per week. Practices will run for 8 weeks beginning the week of March 9th at Thornton. Game schedule will vary depending upon league.
- 4) Each age group will likely have two teams. Once the teams are picked the teams will be placed in the appropriate division using the AA/A/B nomenclature.
- 5) ***Your player(s) will play this Spring in the age division that they will be playing in during the upcoming Fall/Winter season 2009-2010.*** If your player will “move up” next fall, they will “move up” this spring for both league play and clinics. When in doubt, look at the “birth year” nomenclature contained herein.
- 6) Teams will play in specific spring league(s) that are run by other programs in the Cleveland area. This year, the SYHA registered teams for spring played in the Garfield Heights Spring League. ***Garfield begins March 16th and ends April 26th.***
- 7) Players can participate in both league play and skills clinics during the spring season, *or* only league play *or* only skills clinics. Players that sign up for league play will receive a 50% discount on the following clinics: Power Skating and Stickhandling levels 1 and 2 and High Intensity Training. Team designation in the spring league will not determine team designation for the 2009-2010 regular season, and skipping spring hockey does not affect a player’s Fall team placement. All players are given a ‘fresh look’ during Fall try-outs.
- 8) The coaches in the spring are often not the coaches for the following regular season. In fact, current assistant coaches are encouraged to take on the responsibility of head coach to give the regular season head coaches a much-deserved rest.
- 9) During spring hockey, the focus is on skill development and fun. There are no standings kept; no playoffs to sweat; no trophies to covet. It is a good chance for players to try a new position or work on the creative aspects of their game. Parents should think of it as organized pond hockey, and approach it that way during try-outs and league play.
- 10) The current CSHL regular season ends February 12th. Post season playoffs are February 21st to March 3rd.
- 11) **No drop-ins allowed.** Please sign up now for those clinics in which you are interested.

All spring clinic and league fees are paid directly to SYHA. A primary source of revenue to SYHA, the spring hockey revenue will be used primarily to purchase additional ice time for all our teams next season.

League Play Information

When: Garfield (March 16th - April 26th). Teams begin practicing together during the week of March 3rd and all practices will be at Thornton.

Where: Dan Kostel Arena in Garfield Heights and The Cleveland Heights Recreation Pavilion

Tryouts: Tryouts are scheduled to begin on Wednesday, March 4th, and the tryout times will be posted at Thornton and will be also posted on the Shaker Hockey website (www.shakerhockey.com) as soon as they are available.

Team Selection For League

The number of teams involved in League Play will depend upon the number of available spots that can be secured in the spring leagues that are formed in our area. Team selection is the responsibility of the coaches with oversight by the Board. There may not be spots for all players who register. Team rosters are frozen after the first league game. Please note:

- **Players must have previously played at the Mite C level or above to be eligible for league play.**
- **Players may only be on the roster of one team in the same league**

Skills Clinic Information

When: Each skills clinic will be held once weekly at a set time for eight weeks, beginning the week of March 2nd. Please note that on rare occasions, clinic times will be modified due to a conflict for instructors or the rink facility.

Where: All clinics will be held at Thornton.

The SYHA offers skills clinics that concentrate on areas most needed for our player development. Shaker Heights High School varsity hockey coach Mike Bartley instructs all clinics, except for Caleb Wyse's H.I.T. clinic and cross-ice. All clinics are skill level and age specific. The table below will identify which clinics are best for your player. A description of each of the clinics in this table is found on the following pages.

Reference Chart for Clinic Selection

	1st year player born after 1/1/03	Was Mighty Mite	Was Mite C	Was Mite and will be Mite again	01s	99s and 00s (Squirts)	97s and 98s (Pee Wees)	95s and 96s (Bantams)	94s
Mighty Mite/Beg.Skills	X	X							
Power Skating/Stickhandling #1		X	X	X					
Power Skating/Stickhandling #2			X	X	X				
Advanced Offense/Defense Skills						X	X		
Checking Clinic (Priority to 1 st year Pee Wees; 2 nd year Squirts allowed if space available)						X	X		
Pre-High School Advanced Training (Current 7 th /8 th graders)								X	X
High Intensity Training							X	X	
Cross Ice Hockey		X	X	X	X	X			

**Mighty Mites/
Beginning Skills**
Fri. 6:15-7:00 p.m.

These sessions are for beginning hockey players with birth year of 02-04. All participants are required to wear regulation helmet with face mask, shin pads, elbow pads, and gloves. At the first session, participants will be given a new hockey stick cut to the appropriate size and then taped.

**Power Skating
and Puck Handling Clinic**

This clinic will focus on developing two of hockey's most critical skills: skating and puck handling. Instruction offered at two age/ skill levels.

Tue. 6:15-7:15 p.m.

Level 1: For players who already skated at the Mighty Mite/Mite C/Mite levels this past season, or older players just learning the sport. *Note: New players just beginning hockey this Spring, with birth years between 02-04, should attend Mighty Mite/Beginning Skills sessions, not the Power Skating and Puck Handling Clinic.*

Tue. 7:15-8:15 p.m.

Level 2: More advanced than Level 1. For returning Mites (including players who played Mite C this past season). 1st year Squirts allowed to attend if space available.

**Advanced Offensive/Defensive
Skills**

Sat. 5:45-6:45p.m.

This clinic will focus on the application of advanced skills in simulated game situations. For Squirts (99-00) and Pee Wees (97-98). This will be a fast-paced clinic for the more advanced player.

Checking Clinic
Mon. 7:15-8:15 p.m.

This clinic will help the player develop contact confidence and will offer instruction on proper techniques for giving and taking a body check. Healthy attitudes toward checking and safety will be covered as well. Clinic primarily for Pee Wees. 2nd year Squirts (99) allowed to attend if space available. **Preference given to first-year PeeWees.** (Especially recommended for all incoming first-year Pee Wees.)

**Pre-High School Advanced
Training**
Mon. 8:30-9:30 p.m.

This clinic is for current 7th and 8th graders who want to play high school hockey. Taught by Shaker Heights High School Coach Mike Bartley and his staff, this clinic will focus on preparing players for the speed, style and physical nature of the high school sport. Divided between skill drills and scrimmages, current members of the SHHS hockey team will be participating in these clinics. Whether JV or Varsity, this clinic is a **MUST** for future H.S. players, including goaltenders.

High Intensity Training
Thur. 8:30-9:30 p.m.

Led by Caleb Wyse, this exciting new clinic was designed specifically for Pee Wees (97-98) and Bantams (95-96) looking for that extra skill development in all facets of the game! Both fast paced and intense, this clinic is for the serious hockey player looking for that extra skills edge they will need to succeed through their bantam and high school years.

Cross-Ice Hockey
Sat. 8:45-9:45 a.m.
All Mites and Squirts

It's all about fun!!! SYHA is excited to offer a purely fun way to get better. For once the kids can play without regard to position, or coaches orchestrating their every move, or worrying about winning and losing. For one hour each week, the ice will be divided into two cross-ice games of 3x3 or 4x4, depending on the number of players attending the session. The age groups are 99-03. The "teams" will be constructed on a week-by-week basis to create even competition. **GOALIES - NO CHARGE!**
As this is cross-ice hockey, you'll see plenty of action!

- Complete the attached registration form and mail it to Brad Wheeler (address on reverse side of form). Fees must be paid with the registration form to secure a place in a clinic or on a team. Make checks payable to SYHA. Also, please write your player's name on the memo line of the check.
- League play registration forms are due (i.e., postmarked) on or before **March 1, 2009.**
- Skills clinic registration forms are due (i.e., postmarked) on or before **March 1, 2009.**
- We may limit the number of skaters in clinics and, if necessary, on league teams this year. If this occurs, preference will be given to previously registered SYHA families and then to Shaker Heights residents new to our program.
- Your level for league play is determined under USA Hockey age classifications that apply to the 2009-2010 hockey season, as on the registration form.
- **Acceptance in SYHA Spring League Play does not guarantee that a player will be accepted in next season's Shaker Heights Fall/Winter Hockey Program.** First priority for registration in the Shaker Heights Fall/Winter Hockey Program is given to residents of the City of Shaker Heights and to those non-residents who were enrolled in the Shaker Heights Fall/Winter Hockey Program during the 2008-2009 season.
- You may find it useful to keep this information sheet with some record of what your child has signed up for in the Spring Hockey Program.
- If you have questions as to whether space is available generally in any given clinic, and specifically, the Checking Clinic and Power Skating Level 2, please contact Brad Wheeler at (216) 649-7218.

2009 SYHA Spring Hockey Registration Form

- Complete one form per player -

PLAYER INFORMATION:

Player's Name:	Player's Birth date:
Address:	Please check player's level:
	<input type="radio"/> 1/1/95 -- 12/31/96 – Bantam <input type="radio"/> 1/1/97-- 12/31/98 – PeeWee <input type="radio"/> 1/1/99 -- 12/31/00 – Squirt <input type="radio"/> 1/1/01 -- 12/31/02 – Mite <input type="radio"/> Born after 1/1/03 – Mighty Mite
City, Zip:	
Parent's Names:	
Phone Number:	
Jersey Number:	
Primary Email Address:	
Additional Email Address:	

Please list separately the name/address/phone number of any parent not residing at this address (for emergency purposes):

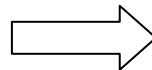
Program played with during 2008-2009 regular season (Shaker, Barons, etc.): _____

Previous position(s) played (circle all that apply): Forward Defense Goaltender

Choose one or more ---Circle Fee Amount For Each Option Chosen

	<u>Member</u>	<u>Non-Member</u>
Spring League Play (practice begins week of March 2nd)	\$195	\$210
Weekly Skills Clinics: (8 weeks beginning week of March 2nd)		
Mighty Mites/ Beginning Skills Clinic - <i>Friday, 6:15-7:00 pm</i>	\$80	\$80
Power Skating/Puck Handling <u>Level 1</u> – <i>Tuesday, 6:15-7:15 pm</i>	\$95	\$110
Power Skating/Puck Handling <u>Level 2</u> – <i>Tuesday, 7:15-8:15 pm</i>	\$95	\$110
Advanced Offensive/Defensive Skills – <i>Saturday, 5:45-6:45 pm</i>	\$95	\$110
Checking Clinic – <i>Monday, 7:15-8:15pm</i>	\$95	\$110
Pre-High School Advanced Training – <i>Monday, 8:30-9:30 pm</i>	\$110	\$130
High Intensity Training – <i>Thursday, 8:30-9:30 pm</i>	\$95	\$110
Cross Ice Hockey - <i>Sat. 8:45-9:45 am;</i>	\$80	\$90

Please add all fee amounts circled above and write grand total in box



(Please make checks payable to SYHA, and note player's name on memo line.)

WAIVER FOR PARTICIPATION BY PARENT OR GUARDIAN

As player or a parent or guardian of this player, I hereby consent to my or his or her participation in this program with the express understanding and agreement that: (A) I recognize the risk of injury inherent in the game of hockey, and (B) in consideration of the Shaker Youth Hockey Association providing sponsorship for this program, I hereby release, acquit and discharge and agree to hold harmless the Shaker Youth Hockey Association and all of its instructors, coaches, trustees, officers, agents and representatives from any and all claims or actions for any harm, injury, damages or other costs, liabilities or expenses (including attorneys fees and court costs) arising out of my child's participation in the program or any other loss or injury resulting there from, whether foreseen or unforeseen.

I understand the above waiver and am signing voluntarily.

Date: _____

(Signature of Player, Parent or Guardian)

Make checks payable to **Shaker Youth Hockey Association** (SYHA) and drop off your form at the Hockey Office at Thornton Park (**attn: Caleb Wyse**) or mail your payment and completed registration form to:

Brad Wheeler
21059 Claythorne Rd.
Shaker Heights, OH 44122

Questions? – Please contact anyone below:

Chris Vlasich, SYHA President
at 216-409-7652 or cmv@levinandassociates.com

Brad Wheeler, SYHA Vice President & Spring Hockey Director at 216-649-7218
or bwheeler@cleveland-research.com

Bob Shenk, SYHA Treasurer at 216-752-0240

Due Dates:
League Play & Clinic Registration due 3/1/09

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